Spelling list: Body. arms

A list of words for English spelling and vocabulary help and learning. For further help, teaching and lessons about spelling please try our spelling course.

arm The **arm** is one of two upper limbs on the human body.

armpit The **armpit** is the hollow under the arm at the shoulder.

elbow The **elbow** is the joint between the upper arm and forearm.

finger A **finger** is on of four slender digits on the human hand.

fingertip A **fingertip** is the end of a finger.

fist A **fist** is made by curling the fingers in towards the palm.

hand The **hand** is the end part of the arm.

index The **index** finger is the finger next to the thumb.

knuckle A **knuckle** is the lower finger joint.

middle The **middle** finger is the finger between the index and ring fingers.

nail A **nail** is a plate covering and protecting part of a finger or toe.

palm The **palm** is the inner surface of the hand.

ring The **ring** finger is between the middle and little fingers.

thumb The **thumb** is the thick short innermost digit on the hand.

wrist The **wrist** is the joint between the hand and the forearm.